



Health Policy for Grace Preschool

Parents are expected to bring their child into the Preschool and remain with him or her until a brief health check is completed. A child cannot remain at Preschool if her or she is thought to be ill. This is in no way a complete listing of health concerns; it is just some of the ones most commonly encountered in a school setting.

Grace Preschool will not keep actively sick children. It is the responsibility of parent(s) to make alternative arrangements in case of illness. A child must be picked up within **1 hour** of being called and informed of child's condition. **If parent(s) cannot be reached, emergency numbers will have to be called.**

A doctor's note of wellness and ability to return to preschool is required if a child has been:

1. Diagnosed with a communicable disease (strep throat, pink eye, impetigo, ring worm, unexplained rash, etc.)
2. Lice
3. Hospitalized or has undergone surgery (pneumonia, tear duct surgery, all types of ear, nose and throat surgeries, etc.).
4. Chicken Pox

Fever

If child at school begins running a fever, we will phone families contact numbers---beginning with parent numbers first. We will keep an eye on the temp and allow child to remain at preschool that day if temperature less than 101°F and the child is not having other symptoms of sickness (vomiting, diarrhea, lethargy, etc..). **If the child is unable to participate in normal daily activities, complains of pain, is lethargic, you will be required to pick your child up within 1 hour of being called.** We will not give fever suppressants.

In order to return to school, your child must be fever free for a full 24-hour period.

Fever Free requires: No Fever for 24-hours **AND** without using fever reducers (Tylenol, Motrin, etc...)

Vomiting

We will call parents after one episode of vomiting. Parents are required to come immediately. **The child may not return until 24-hours after the last episode.**

If vomiting episode occurs the night before school or that morning, your child will need to stay home.

Diarrhea

We will **try** to give a courtesy call after the first episode so that you can begin preparing your day. **After 2 episodes of diarrhea**, you will need to come pick up your child.

Again, just like with fever, if diarrhea is accompanied with other symptoms of illness, **child will need to be picked up within 1 hour of notification.**

A wellness period of 24 hours is required before returning to school. This is wellness without the aide of medication.

If you feel the diarrhea is a result of medication, teething or allergies, **a doctor must specify this in writing.**

Pink Eye/Eye Drainage

Persistent eye drainage, discoloration of eyes or the discharge coming from the eye, that requires wiping and constantly, returning to runny state, the child will need to be seen by their doctor immediately. **Once antibiotic treatment begins, a child must not return to school until they have received drops for a full 24-hours.**

Ear Infection

Along with a doctor's note, a child can return to preschool the day after being diagnosed with an ear infection, if the child is feeling well enough to participate in group activities, child has medicine for pain relief and if the child's fever is below 101°F.

Colds

Children with a constant runny nose, watery eyes, persistent cough, and/or mucus draining from their nose (green or otherwise) are considered to be too sick for preschool. We will only administer over the counter medication as prescribed by a doctor.

The child may return to school when he or she is symptom free and is fully able to participate in group activities.

Allergies

If your child suffers from allergies that mimic cold symptoms, then please be prepared to provide a doctor's statement.

Rashes

If your child develops a rash, we will ask that a doctor check the rash and verify in writing or by telephone that it is **not** contagious.

Diaper Rash

If a child has a rash in the diaper region that appears 'angry' and is causing your child pain, we will require a doctor's statement stating what the rash is (diaper, yeast, etc...) and what the plan of treatment prescribed is. **A skin condition that has caused the skin to break and/or bleed will need a specific plan of treatment, see the director.**

Thrush

Milk patches that cannot be wiped clear, usually on the cheeks and the roof of the mouth, may be illness due to thrush (yeast infection). Contact your doctor promptly for diagnosis and treatment. We will require a doctor's statement and proof of prescription treatment in order to return to school.

Chicken Pox

Once a child's blisters are beginning to scab or dry-up and is fever free for a minimum of 24 hours--- consult with your child's doctor for a **Return to School Note**

Lice

Children with Head Lice or Nits will not be permitted to attend school until they have been treated and all nits removed from the hair.

- 1) If your child is found to have lice, you will be required to come get them immediately from school. If you are not reachable, emergency contacts will be called.
- 2) The hair must be shampooed with the recommended/medicated shampoo.
- 3) The hair must be free of lice and nits.
- 4) Upon returning to school, you must bring your child to the office to be checked and confirmed nit free, before they may remain at school.

Head Lice Facts:

Head lice are parasites. They lay five or six eggs every day at the base of scalp hair shafts.

- Head lice are most often found behind the ears and at the back of the neck.
- Head lice never leave the head unless forced to do so.
- Head lice feed on blood every three to six hours. This feeding can cause itching, but most of the time there are no symptoms.
- A person has an infestation of head lice only if adult lice are present.
- Nits are head lice eggs. The eggshells left over from hatched head lice can be easily seen as white casings and can be confused with dandruff. Unhatched viable nits are "glued" to the hair by the adult louse and are camouflaged to match a person's hair color.

This is not a complete listing of illnesses that can prevent or change the schedule of your child attending school--- It is a listing of some of the more common occurrences of illnesses for children.